

keeping it  
simple  
for LENT...  
**a Lifestyle  
awareness  
CALENDAR  
2010**

**COUNT DOWN THE DAYS OF LENT BY  
OFFERING GIFTS OF TIME, ASSISTANCE  
AND MONEY TO THOSE IN NEED.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>Feb 17</b> <b>Ash Wednesday</b> Ask forgiveness today for all the times you have neglected to care for those who need your love and compassion.	<b>18</b> Give 10c for each T-shirt you own.	<b>19</b> If you choose to buy lunch today give the equivalent cost to the Koha Box.	<b>20</b> Give 10c for every pair of shoes you own.	<b>21</b> Spend time with your whānau, or visit someone who is sick or lonely.
<b>22</b> Give 10c for every text message you send today.	<b>23</b> Do one extra helpful activity in class or at home today. If you get paid, donate to the Koha Box.	<b>24</b> Give 10c each time you've had takeaways since Ash Wednesday.	<b>25</b> Adults: Give \$1 for each TV, radio or MP3 player in the house.	<b>26</b> Find out about a local organisation that helps low income people in your area. Where is the nearest foodbank?	<b>27</b> Give 10c for every 10 minutes you spend watching sports today.	<b>28</b> Name 3 things that are unjust or unfair in the world today.
<b>March 1</b> Celebrate diversity by learning a greeting from another language today.	<b>2</b> Give 20c if you travelled by car today.	<b>3</b> Give 20c for every minute you spent in the shower today.	<b>4</b> Give 20c if there is a community health centre or doctor in your town.	<b>5</b> Give 20c for every time you've eaten ice cream or ice blocks this last week.	<b>6</b> Take a family walk somewhere today you'd usually drive to. Live simply!	<b>7</b> Talk about peacemakers in our world today. Who is a good example? Why?
<b>8</b> Make someone's day and let them know how great they are!	<b>9</b> Give 20c for each year of schooling you have had.	<b>10</b> Recycle or re-use two different things today.	<b>11</b> Find all the loose coins around the house and add to your Koha Box.	<b>12</b> Give 10c for every coffee, tea, juice, fizzy or energy drink you had today.	<b>13</b> Find out where there are refugees still living in temporary shelter and pray for them today.	<b>14</b> Give thanks with your family and friends for all you have been given. Take a break today.
<b>15</b> Think about tika (justice) and pray for those who are being treated unjustly today.	<b>16</b> Car owners: Give \$1 for every time you've filled up at the petrol station in the last week.	<b>17</b> Happy St Patrick's Day. Wear something green and give a gold coin.	<b>18</b> Save wai (water) around home and school this week. Use the 'old' water on plants. Turn off dripping taps.	<b>19</b> Give 10c for every lolly, chocolate or bag of chips you ate last week.	<b>20</b> Go for a walk or bike ride with a friend today. Take the time to listen to each other.	<b>21</b> Pray for all people in prison today seeking ways for forgiveness and reconciliation in their lives.
<b>22</b> 'Working together in true communion.' What does this mean for you?	<b>23</b> Adults: Give \$5 if you own a second home or bach.	<b>24</b> Do a random act of kindness today and surprise someone with your aroha.	<b>25</b> Give 10c for each CD/video/DVD you own.	<b>26</b> <b>Live Simply Day</b> Show your community that you care for others by taking action - for instance, hold a 'Poverty Banquet'.	<b>27</b> Share kai at a simple 'loaves and fishes' picnic today. Eat local/seasonal fruit and veg and live simply!	<b>28</b> Say a prayer for any priests you know. Is there something you could do to help them this week?
<b>29</b> Give 40c for every new item of clothing bought since Lent began.	<b>30</b> Reduce your carbon footprint and plant something today.	<b>31</b> Return your Koha Box - and see what all your unselfish acts have achieved!	<b>April 1</b> <b>Holy Thursday</b> Pray a special grace before eating a meal today.	<b>2</b> <b>Good Friday</b> Pray for people who are suffering in 3 different places in the world today.	<b>3</b> <b>Holy Saturday</b> Read the Easter story from your Bible and share it with another family member.	<b>4</b> <b>Easter Sunday</b> Celebrate a better life for all! Reflect with thanks on life and living in Aotearoa New Zealand.